



THE
COMEBACK
PACK

Where every dog fits in.

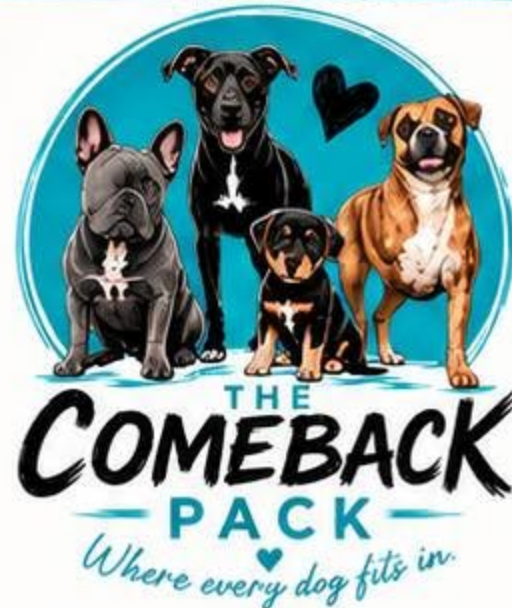
8 SIGNS YOUR *Foster Dog* IS FINALLY *Feeling Safe*

Decompression takes time.

Here are some of the little signs
that your foster dog is beginning to settle in.

Swipe for the next sign

Sign #1



They finally
sleep deeply.

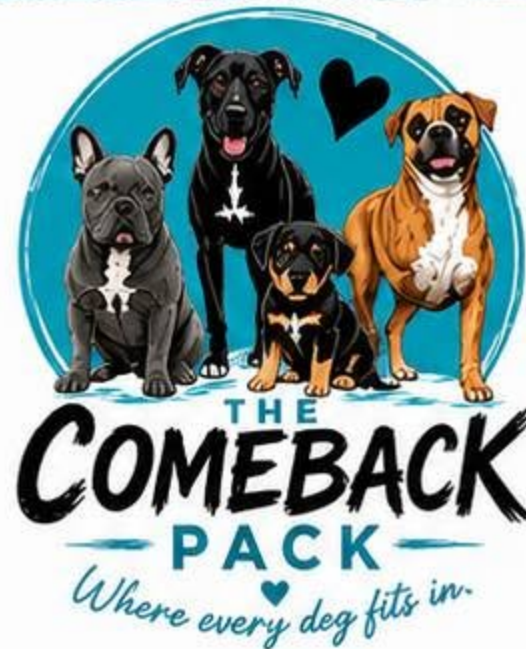
After the stress of the shelter, most dogs are exhausted but not truly rested.

Once they begin to decompress, you'll notice longer, deeper naps — a huge sign that they're starting to feel safe.



Swipe for the next sign ♥

Sign #2 ♡



♡
*They start
playing
with toys.*

Many dogs ignore toys
during their first days
in foster care.



As they begin to decompress,
curiosity returns—and before
long, they're proudly showing
off their favorite toy.



A dog who feels safe enough
to play is a dog who's
beginning to heal.

Swipe for the next sign ♡



Sign #3 ♡



*They begin
eating with
confidence.*

Stress can affect a dog's appetite. Some dogs barely eat. Others gulp their food as if they're afraid it might disappear.



As they decompress, mealtimes become calmer and more predictable, and they start trusting that another meal is always coming.

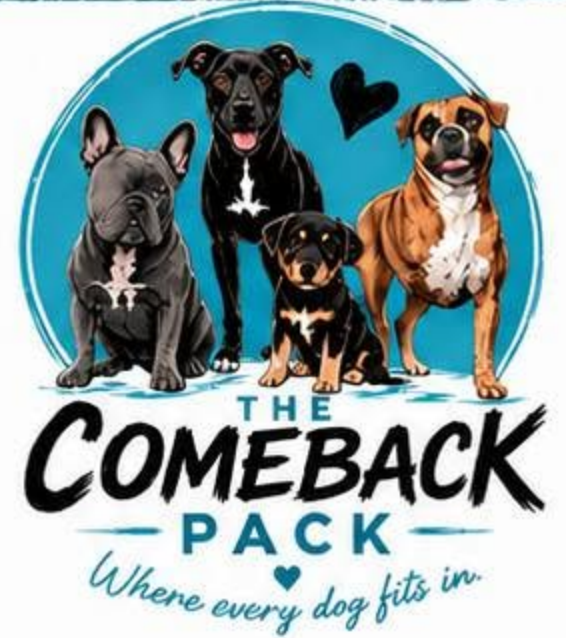


A dog who eats well is a dog who is beginning to feel safe.

Swipe for the next sign ♡



Sign #4 ♡



♡
*Their true
personality
starts to shine.*

The dog you meet on Day 1
isn't always the dog you'll know
a few weeks later.



As they decompress, their
confidence grows. They start
seeking affection, showing their
silly side, and letting their unique
personality shine.



One of the greatest gifts
of fostering is getting to meet
the dog they were always
meant to be.

Swipe for the next sign ♡



Sign #5 ♡



*They choose
to be
close to you.*

At first, many dogs keep their distance. They're unsure, nervous, and still trying to figure things out.



When they start choosing to sit by you, lean on you, or follow you from room to room, it's a powerful sign of trust.

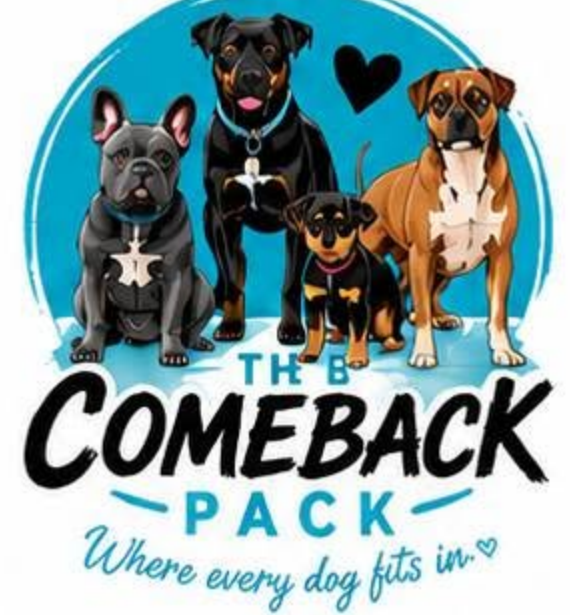


They're telling you,
"I feel safe with you."
And that bond is
everything.

Swipe for the next sign ♡



Sign #6 ♡



*They invite you
to play.*

A dog who's beginning
to decompress starts doing
things just because they're
happy.



Whether it's racing around the yard,
carrying a favorite toy, or bringing it
to you as an invitation to play—
these little moments are signs
they're finally feeling at home.



Joy is a huge step
on the road to healing.



Swipe for the next sign ♡

Sign #7 ♡



♡
*They settle
into a routine.*

Predictable schedules bring
comfort and security.



They know when meals are coming,
when it's time for walks or play,
and when it's time to rest.



Their favorite nap spot, their
go-to toy, their happy place—
these small routines say,
“I belong here.”



Routine turns a foster home
into a safe and loving home.

Swipe for the next sign ♡



Sign #8 ♡



♡ They start testing boundaries.

At first glance, it can feel like your foster is “getting worse.” But often, it’s just the opposite.



As dogs begin to decompress, they become comfortable enough to test the rules, explore their environment, and show their true personalities. That’s a normal part of learning to trust.



Stay calm. Stay consistent. Keep your routines predictable.



Sometimes the biggest sign of healing is when they finally feel safe enough to push the boundaries.

